

TEAM WORK

BASEBALL

CONFIDENCE

BASKETBALL

FRIENDSHIP

SKILL DEVELOPMENT

SELF DISCIPLINE



Dan Duquette

SPORTS

ACADEMY

and Conference Center

The Dan Duquette Sports Academy is committed to providing the finest facilities and instruction available for its students. In addition to learning from the pros, we promote a safe and healthy environment with a concentration on fun. Unlike other sports-oriented camps, the academy offers a well-rounded curriculum to teach student athletes the skills that will help them win both on and off the playing fields.



WELCOME

The Dan Duquette Sports Academy is a sports training center for young men ages 8-18 who are interested in learning baseball, basketball and life skills from distinguished high school, college and professional coaches. Our students enjoy a state-of-the-art training facility modeled after those built for Major League teams and includes the latest in digital technology teaching devices to enhance the training experience. A special focus of the Academy is sports psychology and the vital role it plays in fostering a winning attitude and peak performance. Students also participate in a series of life skills workshops, helping to prepare them for life's challenges, both on and off the field.



Dan Duquette

A seasoned baseball executive with over 20 years experience with the Milwaukee Brewers, Montreal Expos, and Boston Red Sox. Twice honored as Major League Baseball's Executive-of-the-Year, Dan Duquette is respected internationally for his ability to assemble and lead a dynamic sports organization.



Attendees receive instruction on hitting, fielding, base running and game strategies.

BASEBALL SKILL DEVELOPMENT

Players are grouped according to age and skill level and utilize fields sized for major league, intermediate youth league and youth league play. Attendees receive individual and group instruction on skill areas such as:

- Hitting
- Fielding
- Base running
- Game strategies
- Pitching and catching

Featured at the Academy is the latest in batting machine technology for individual instruction. Players can also expect plenty of game action as well as an individual evaluation at the conclusion of the camp.

BASKETBALL SKILL DEVELOPMENT

Players are grouped according to age and skill level with instruction and game time conducted on four outdoor courts. Attendees receive individual and group instruction on skill areas such as:

- Shooting
- Ball handling
- Passing
- Rebounding
- Defense

Players learn multiple offensive and defensive strategies including motion & set offenses, and man-to-man and zone defenses. Each attendee receives an individual evaluation at the end of the camp.

A TYPICAL DAY

From sun up to sun down, attendees' days are filled with skill development instruction, game time play, life skill development workshops and a variety of outdoor activities. Here is a typical day:

- 7:00 am Wake up
- 7:30 am Breakfast
- 8:00 am Report to major league clubhouse
- 8:30 am Individual skill instruction
-batting tunnels, position skills, etc.
- 9:15 am Defense and fundamentals
- 9:50 am Cool down
- 10:00 am Play ball for National League group
Outdoor fun for American League group
- 12:00 Lunch
- 1:30 pm Life skills development & celebrity speakers
- 2:30 pm Play ball for American League group
Outdoor fun for National League group
- 4:30 pm Cool down & clean up
- 5:00 pm Dinner
- 6:30 pm Open activity-basketball, wiffle ball, soccer, etc
Tonight's feature movie: The Rookie
- 9:00 pm Bunkhouse meeting
- 9:30 pm Lights out

LIFE SKILLS DEVELOPMENT

In addition to receiving individual skill instruction and learning team fundamentals, students participate in our Life Skills Development Workshops. With this important training, students learn to develop the emotional and cognitive skills necessary to overachieve at athletics and the day-to-day challenges of everyday life.

Classes focus on:

- How to set and achieve individual goals
- How to develop personal leadership
- How to maintain a positive psychological attitude

OUR STAFF

Students at the Dan Duquette Sports Academy learn baseball and basketball from a staff of carefully selected individuals renowned for their athletic skills and abilities to teach and motivate. Our staff includes current and former Major League Baseball, National Basketball Association and collegiate players, as well as coaches, trainers and scouts. Our student to instructor ratio allows attendees to interact closely with individuals who have reached the highest level of professional sports.

OUTDOOR ACTIVITIES

For attendees seeking to maximize their stay in the Berkshires, the Academy offers a multitude of outdoor activities including:

- Hiking and nature walks
- Canoeing and kayaking
- Swimming
- Sailing

For those that can't get enough of playing games, wiffle ball, kickball, soccer and pick-up basketball games will be available after the day's training schedule has ended.

FANTASY CAMPS

The Academy offers Adult Weekend Sports Fantasy Camps. Attendees will enjoy spending time on and off the field with stars from the past and present. Camps include a Baseball Hall-of-Fame Camp, as well as camps made up of players from teams such as the Red Sox, Yankees, Mets, Phillies, and Blue Jays.

CONFERENCE CENTER

The Sports Academy also includes a state-of-the-art conference center to provide everything needed for a high-level meeting or team-building exercise. Facilities include a meeting room capable of holding up to 50 individuals, utilization of the clubhouse and exercise facilities, and full banquet services. The conference center is the perfect year round spot for a unique meeting experience.



Attendees will enjoy a multitude of outdoor activities including hiking, camping and canoeing.

OUR CAMPUS

The campus is located on 100+ acres of land adjacent to Plunkett Reservoir in Hinsdale, MA. Our grounds include bunkhouses, a major league style clubhouse, cafeteria, staffed medical center, state-of-the-art technology center and full-service conference center. The Academy has one regulation-size Major League field, one intermediate youth field, two youth league fields and four outdoor basketball courts.



ADVISORY BOARD



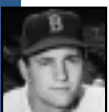
Tom Lasorda

Baseball's Best Ambassador, Lasorda has worked with the L.A. Dodgers for 50+ years and managed the team to 8 Division Titles and 2 World Series Championships. He led the USA to a Gold Medal in baseball at the 2000 Sydney Olympics and was elected to the Baseball Hall of Fame in 1997.



Pat Williams

Renowned NBA executive who drafted Shaquille O'Neal and traded for Julius Erving and Moses Malone in his illustrious career. One of sports most flamboyant promoters, Pat is also the author of 24 books and is one of America's top motivational and humorous speakers.



Carl Yastrzemski

Member of the Boston Red Sox from 1961-1983, 7-time Gold Glove Winner, 1967 American League Triple Crown Winner and MVP. He is the first Little Leaguer elected to the Hall of Fame and the only American League player in Cooperstown, with over 400 HR's and 3000 hits.



Nestled in the Berkshire Hills of Massachusetts, the Dan Duquette Sports Academy is easily accessible to many major Northeast locations.



For more information, please contact us at (413) 655-8077
or visit our website at www.duquettesportsacademy.com

This camp must comply with regulations of the Mass. Dept. of Public Health and be licensed by the Board of Health.